

Clinical Information Summary

| | | | |
|----------|----------------------|----------------|------------|
| Patient: | Kerr, Mr Colin James | Date of Birth: | 29/11/1979 |
| UBRN: | 0004 5065 6835 | Age: | 46 years |
| NHS: | 624 191 1090 | Sex: | Male |

UBRN Information

| | | | |
|-------------------------|--|---------------------------------------|---------------------------------------|
| Appointment Date/Time: | Tue 08-Apr-2025 00:15 | Referral Created Date: | 25-Mar-2025 10:30 |
| Priority: | Routine | Clinical Information First Submitted: | 25-Mar-2025 10:33 |
| Referred By: | LEE, Alan (Dr) | Clinical Information Last Updated: | - |
| Referring Organisation: | DRAYTON MEDICAL PRACTICE | Named Clinician: | - |
| Address: | 8 MANOR FARM CLOSE DRAYTON NORWICH NORFOLK NR8 6EE | Allocated Clinician: | - |
| Telephone: | 01603 867532 | Clinical Context: | Orthopaedics/Knee |
| | | Location: | NORFOLK & NORWICH UNIVERSITY HOSPITAL |
| | | Clinical Term: | - |

Patient Information

| | | | |
|-----------------------|--|----------------------|-------------------------------------|
| Patient Address: | Acorn House, 116-118 Shoreditch High Street LONDON E1 6JN | Registered Practice: | HEALTH E1 |
| Telephone (Mobile): | 07555585417 | Address: | 9-11 BRICK LANE LONDON E1 6PU |
| Email (Primary Home): | dutyoffice@teenchallenge.org.uk | | |

More contact details available when reviewing online

Attachments

| File | Description | Added By | Date/Time Added |
|--|--|---|-------------------|
| NHS e-Referral UBRN 000450656835 for.rtf | NHS e-Referral UBRN 000450656835 for.rtf | PEARSON, Thomas (Mr) (Referring Clinician) | 25-Mar-2025 10:33 |

Risk to others

No Information Provided

Reason for referral

Orthopaedic Department

Dear Colleagues

Many thanks for reviewing this gentleman with around a year history of right medial knee pain following a non-contact twisting injury.

He reports ongoing medial knee pain that is aggravated by twisting and deep flexion. It has not improved since onset.

He is generally fit and well and hikes regularly for which he uses knee support.

Clinically his knee ROM is intact. He has no effusion. McMurrays is positive and he is tender over the medial joint line.

MRI imaging has shown an oblique radial/horizontal cleavage tear to his medial meniscus.

CONFIDENTIAL PATIENT INFORMATION

Clinical Information Summary

| | | | |
|----------|----------------------|----------------|------------|
| Patient: | Kerr, Mr Colin James | Date of Birth: | 29/11/1979 |
| UBRN: | 0004 5065 6835 | Age: | 46 years |
| NHS: | 624 191 1090 | Sex: | Male |

He would appreciate review for opinion on further management please.

Yours sincerely

Andy Lee

FCP Physiotherapist

Expectation of referral

Requested Action: Management Advice

Medication and medical devices

Current Medication and Medical Devices

Prescription for medication

Quantity Supplied: 30 sachet

Macrogol compound oral powder sachets NPF sugar free

Dosage: Dissolve Contents Of One Sachet In Half A Glass (125mL) Of Water And Take once or Twice A Day for constipation

Prescription for medication

Quantity Supplied: 56 tablet

Hyoscine butylbromide 10mg tablets

Dosage: One To Be Taken three times Daily as needed

Prescription for medication

Quantity Supplied: 100 tablet

Co-codamol 15mg/500mg tablets

Dosage: One Or Two To Be Taken Four Times A Day When Required

Prescription for medication

Quantity Supplied: 56 capsule

Omeprazole 20mg gastro-resistant capsules

Dosage: One or two To Be Taken Each Day

Prescription for medication

Quantity Supplied: 140 dose

Mometasone 50micrograms/dose nasal spray

Dosage: One Spray To Be Used In Each Nostril Once A Day

Other Medication and Medical Devices

Prescription for medication

Quantity Supplied: 140 dose

Mometasone 50micrograms/dose nasal spray

Dosage: One Spray To Be Used In Each Nostril Once A Day

Past medical history

Diagnoses

Clinical Information Summary

| | | | |
|----------|-----------------------------|----------------|-------------------|
| Patient: | Kerr, Mr Colin James | Date of Birth: | 29/11/1979 |
| UBRN: | 0004 5065 6835 | Age: | 46 years |
| NHS: | 624 191 1090 | Sex: | Male |

11/10/2023 Low back pain
Original text: Low back pain

08/04/2015 Fluoxetine adverse reaction
Original text: Fluoxetine adverse reaction
felt more depressed from previous gp records

08/04/2015 No known allergy
Original text: No known allergies
Priority=Unspecified

03/10/2012 No known allergy
Original text: No known allergies

Procedures - No Information Provided

Conditions

11/02/2025 MRI KNEE RT - (andrew.lee) - Abnormal - routine appointment required with GP or NP

11/02/2025 RES - MRI Knee Rt
Exam Name: MRI Knee Rt
Thank you for choosing Healthshare Diagnostics.
Patient Last Name (current): Kerr
Patient First Name (current): Colin James
Patient Date of Birth: 19791129
IDs: MRN - ICE232440, NHS Number - 6241911090, Attendance Number - 1725356, Accession Number - GD2775406, all from Soliton; any GP SoC, ICE, or PACS identifiers
Examination Date: 202502111035
Clinical History:
45-year-old male patient presents with persisting right medial knee pain following twisting injury.
? Meniscal tear.
Technique:
Coronal proton density, sagittal T2 gradient echo and PD fat sat, axial T2 fatsat.
MRI Findings:
There is a small oblique radial/horizontal cleavage tear at the junction between the posterior horn and meniscal body of the medial meniscus which extends into the meniscal body and posterior horn. There is mild medial and patellofemoral compartment cartilage degeneration.
Normal appearances of the lateral meniscus with no meniscal tear is identified.
Normal cruciate ligaments and collateral ligament complexes. The lateral compartment articular cartilage surfaces are preserved with no significant focal chondral or osteochondral defect identified. There is a small joint effusion with a small semimembranosus/medial gastrocnemius bursa posteromedially and secondary ganglion cystic change proximally.
No sign of intra-articular loose bodies.

Clinical Information Summary

| | | | |
|----------|-----------------------------|----------------|-------------------|
| Patient: | Kerr, Mr Colin James | Date of Birth: | 29/11/1979 |
| UBRN: | 0004 5065 6835 | Age: | 46 years |
| NHS: | 624 191 1090 | Sex: | Male |

The subchondral marrow signal is within normal limits.

Normal extensor mechanism.

Comment:

1. Small oblique radial/horizontal cleavage tear at the junction between the posterior horn and meniscal body of the medial meniscus which extends into the meniscal body and posterior horn.
2. Mild medial and patellofemoral compartment cartilage degeneration.
3. Small joint effusion with a small semimembranosus/medial gastrocnemius bursa posteromedially and secondary ganglion cystic change proximally.
4. No other significant intra-articular pathology.

Electronically signed by: Tom Marshall GMC 3326239 (Feb 11, 2025 17:50:26)

Reported by: Tom Marshall - GMC 3326239

Report Author - , Authorised Date - 202502111751.

Healthshare Diagnostics

Current Telephone: +44 (0) 800 6524157 Current Website:

www.healthsharediagnostics.org.uk

Current Email: healthshare.diagnostics@nhs.net

Current Address: Colney Hall, Watton Road, Norwich, NR4 7TY

Should any patient require referral to secondary care, it is advisable to confirm in the referral letter that:

- a copy of the report is included.
- the patient has been imaged at Healthshare Diagnostics, and related images can currently be requested directly via the National Image Exchange Portal (IEP) selecting Global Diagnostics.
- images can also be made available by contacting Healthshare Diagnostics - currently on 01603812266

Thank you for choosing Healthshare Diagnostics. All details marked current and current at the date of the report to the best of our knowledge.

Reported by Tom Marshall - GMC 3326239 / intelrad

| | |
|-------------------|---|
| 11/10/2023 | Low back pain Original text: Low back pain |
| 08/04/2015 | Fluoxetine adverse reaction Original text: Fluoxetine adverse reaction felt more depressed from previous gp records |
| 08/04/2015 | No known allergy Original text: No known allergies Priority=Unspecified |
| 19/04/2014 | Injury of lower limb Original text: Injury of lower limb |
| 03/10/2012 | No known allergy Original text: No known allergies |

Allergies and adverse reaction

Clinical Information Summary

| | | | |
|----------|----------------------|----------------|------------|
| Patient: | Kerr, Mr Colin James | Date of Birth: | 29/11/1979 |
| UBRN: | 0004 5065 6835 | Age: | 46 years |
| NHS: | 624 191 1090 | Sex: | Male |

Allergies

| | |
|------------|---|
| 08/04/2015 | Fluoxetine adverse reaction Original text: Fluoxetine adverse reaction felt more depressed from previous gp records |
| 08/04/2015 | No known allergy Original text: No known allergies Priority=Unspecified |
| 03/10/2012 | No known allergy Original text: No known allergies |

Adverse Reaction - No Information Provided

Findings

Investigations and Results - No Information Provided

Examination Findings

| | |
|------------|--|
| 12/07/2024 | O/E - blood pressure reading Original text: O/E - blood pressure reading |
| 12/07/2024 | Systolic arterial pressure Original text: Systolic arterial pressure 122 mmHg |
| 12/07/2024 | Diastolic arterial pressure Original text: Diastolic arterial pressure 74 mmHg |

Family history

No Information Provided

Social context

Alcohol Intake

| | |
|------------|---|
| 21/11/2012 | Higher risk drinking Original text: Higher risk drinking |
|------------|---|

Smoking

| | |
|------------|---|
| 13/11/2024 | Ex-smoker - amount unknown Original text: Ex-smoker - amount unknown |
|------------|---|

Non-therapeutic Drug Use - No Information Provided

Housing - No Information Provided

Clinical Information Summary

| | | | |
|----------|----------------------|----------------|------------|
| Patient: | Kerr, Mr Colin James | Date of Birth: | 29/11/1979 |
| UBRN: | 0004 5065 6835 | Age: | 46 years |
| NHS: | 624 191 1090 | Sex: | Male |

Occupational History - No Information Provided